

NEWSLETTER

24th February 2022

Principal's Report

On behalf of our staff, I would like to thank the parents who accepted our invitation and took the opportunity to meet with our teachers Monday and Tuesday afternoons to discuss their child and the 2022 school year ahead. Teachers appreciate parents informing them and sharing information that may have an impact upon our students' learning, as well as the opportunity to meet parents to begin the learning relationship with each family.

Once again in 2022, our school newsletter each fortnight we will be showcasing the achievements and reflections of our PLPS students as they grow and develop through our learning programs and events. Each fortnight will feature a particular year level cohort with illustrations of students' work, student reflections or photos and captions of what the children have achieved and enjoyed.

The first show case will be our Prep cohort of students. It was lovely to see the excitement of our 114 Prep students and their parents taking photos and celebrating together their first day of school at PLPS. Since beginning school, our Prep children are adapting very well to the routines and structures associated with attending school, as well as their learning program.

A reminder that our Prep students will be attending school each day of the week as of Monday, February 28th.

Throughout the months of February and March, our students have been participating in the Life Education. Each year this important program delivers important health education information regarding key issues that will face our children, both now and in the future. In 2022, the program across the seven year levels will cover diverse topics including friendship and being a good friend, personal safety, cyber safety, safety with medicine, respect and connections and steps for good decisions. By taking a comprehensive approach to all of the topics, the program supports students to develop relationship skills, positive communication, problem solving and decision making skills. Students are provided with the opportunity to develop strategies and practise the skills required to avoid the harms associated with an unhealthy lifestyle.

One of our whole school events that will take place later this term is our FUN RUN, which is our house cross-country running event. Information about this event was sent home on Monday. All students from Prep – Year 6 can represent their house at this event as they compete for the PLPS House Cross-Country shield. To help our students prepare for this event, Mr Seton & Mr Vann have organised time before school on Monday and Tuesday to conduct the Runners' Club. Runners club involves

running and fitness training with Mr Vann and Mr Seton. Students can meet at 8.20am in the gym and will be finished at 8.45am. As this is an outdoor event, we invite parents who would like to be involved to bring their runners and join in as well. Thank you to our staff for their continued commitment to supporting our students.

The FUN RUN is scheduled for Monday, March 21st. Information about the FUN RUN was sent home on Monday outlining the process for students and families to sign up for the fundraising component of our Cross-Country. If you would like to sign up, please follow the prompts on your information flyers. To be able to qualify for the prizes on offer, the students are required to develop a profile. If you have any questions or would like any assistance with this process, please call the school office.

One of the ways that some students can be supported to participate in these invaluable learning experiences is through the Camps, Sport and Excursions Fund (CSEF). This funding is provided to support eligible families to cover the costs or part of the expenses of excursions and incursions, camps and sporting events and activities. If a parent holds a valid means-tested concession card or is a temporary foster parent, they may be eligible for CSEF. The funds will be paid to our school and can be used towards expenses of authorised events. Each primary child would be allocated \$125. Application forms are available from our school office.

One of our major priorities at PLPS is to ensure that all students feel safe and well and know they will be attended to with due care when in need of first aid or medical attention. However, to ensure we can support families and students, it is vital that we have accurate contact information, particularly current mobile phone numbers. It is also crucial that we have accurate emergency contact information as this is the next step if we are unable to contact parents.

It is also vital that parents provide us with accurate and current information regarding any medical conditions that may have an impact on a child's time at our school. If you believe that you need to update your child's medical or your contact information, could you please contact our school office to make the necessary changes so we can maintain effective communication channels.

A reminder that nominations for our 2022 School Council will close on Wednesday, March 2nd. Please contact the school if you require a nomination form.

Kerrie Kingston-Gains
Principal

Admin News

DIARY DATES

Friday 18th February - Friday 25th March: Summer Interschool Sports

Monday 21st March - School Fun Run

ICY POLE FRIDAY



We will be selling
lemonade icy poles at lunch time on
Fridays during term 1.

Icy poles are \$1.20 each and can be
purchased from the Canteen.

**Note: The last day for Icy Poles in Term 1
will be Friday 1st April.**

Canteen

Just a reminder that the
canteen is now open on
Tuesdays & Thursdays for
online lunch orders via the
Qkr! app.

Counter sales will also be
available at recess and lunch
time.



PLPS Bucket Hats

We currently have our old
style bucket hats available
for sale from the office at
the discounted price of
\$10.00

These hats are no longer
available at PSW.

Hats



Hats are part of our school uniform in
Term 1.

It is strongly recommended that all students have
their hats on when they play out in the yard at recess
and lunch time.

Please remember to label your hats too!

WELCOME 2022 PREPS

Congratulations to the 2022 Prep students on the successful start they have made to school.

Here is what some of the students have to say about their first days at school.



'Our tower is as tall as us.'

Lochy and Tate,
Prep K

'I like making friends.'

Connor, Prep F



One of the highlights of starting school has been the fun activities we have been doing in the classrooms about numbers and letters.



'I am a Smarty Pants at school'

-Nova, Prep R

'I like learning lots of new things'

J.J., Prep O



Prep students have also enjoyed making new friends and playing outside on the playground.



'I like school'
Rafay, Prep B

'I am showing
him the ABC.'
Mayom, Prep V



Another highlight of starting school has been attending our Physical Education, Visual Arts, Performing Arts and Digital Technologies lessons. Thank you to the specialists teachers for all the fun!

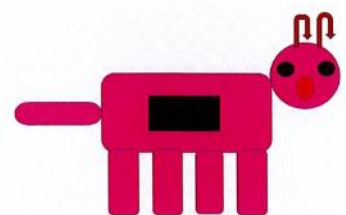
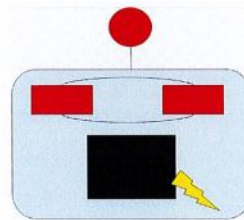
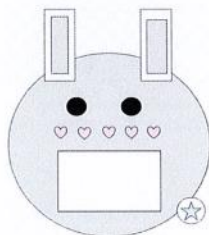
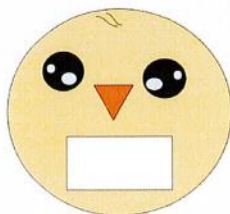
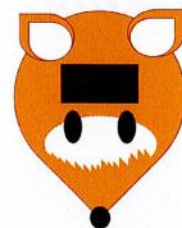
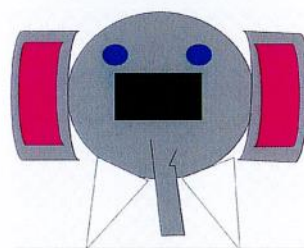
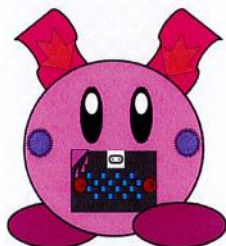
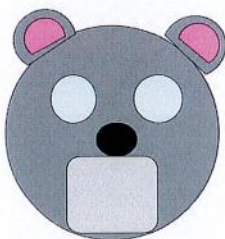
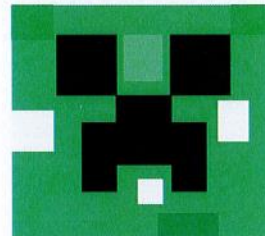
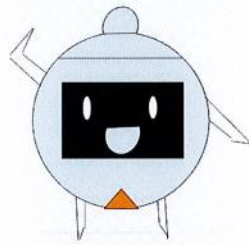
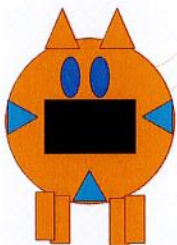
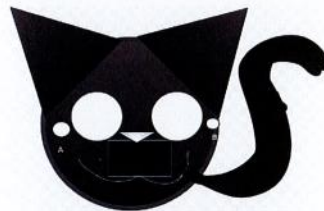
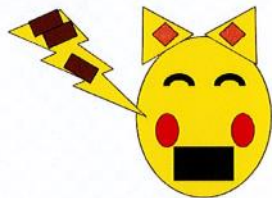


DigiTech News!

This term the Year 5's will be working on a Tamagotchi project where they will build and code a virtual pet using micro:bits!

Students explored tutorials and coding possibilities for their Tamagotchi pets using the online platform, Microsoft Make Code.

Here are some examples of designs the students created in Google Drawings that they are hoping to collaboratively build and code.

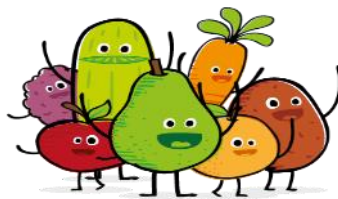


Nude Food Fridays



Starting from next week, Friday the 18th February, PLPS will begin their weekly 'Nude Food Fridays'.

What is Nude Food? Nude food is food without excess packaging such as extra plastic bags, paper bags, wrappings or cling wrap. The purpose of "Nude Food Fridays" is to promote a healthier environment in the school yard. Having a healthier environment means less rubbish around the schools and it also displays PRIDE in our environment and the importance of keeping it clean and safe!



The benefits of packaging "Nude Food" also includes:

Improve Your Child's Nutrition:

Creating waste free snacks and lunches reduces the consumption of packaged, processed foods and increases the intake of fresh, whole foods. Compared to fresh foods, pre-packaged food often contains more kilojoules, fat, salt and sugar. Avoiding those quick, pre-packaged snacks reduces waste and ensures better nutrition for your child.



Reduce Landfill:

Australia is the second highest producer of waste per person in the western world! School lunches are contributing to this, with the average lunch-toting child generating around 30kg of litter a year.

You can do your bit to reduce this by packing a school lunch without including any unnecessary packaging, yoghurt suckers, small tubs, zip-lock bags, paper bags or cling wrap. By reducing the amount of excess packaging this will reduce the amount of waste that needs to go in bins to be sent to landfill.

Nude Food Fridays



Save Money:

Avoiding pre-packaged foods and buying foods in bulk can save time and money. Even better, a home-made carrot and apple muffin/frittata/muesli slice will have a much greater nutrient value AND you can control the amount of sugar used, avoiding preservatives and additives completely. By making your own lunchbox goodies, you can then purchase the raw ingredients in bulk too – instead of buying a 6 pack of yoghurts, purchase a large tub and make up individual, leak proof containers for lunch. For more information go to: <https://www.nudefoodday.com.au>

Examples of Nude Food

Nude Food includes a wide array of options, as long as there is no extra packaging. This could include:

- A sandwich in a reusable container
- A sectioned lunch box with snacks in compartments
 - Yoghurt in a reusable container
- Muesli bars and snack in reusable containers and wraps
 - Fruit and berries in a reusable container



ROWVILLE
SECONDARY COLLEGE

SCHOOL OPEN NIGHTS

EASTERN CAMPUS

RSA | RIA
Monday 28 March
6pm

WESTERN CAMPUS

GE | MSA
Wednesday 30 March
6pm

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GENERAL EXCELLENCE | INSTITUTE OF THE ARTS
MATHS & SCIENCE ACADEMY | SPORTS ACADEMY

Bookings & Program Information Night details visit:

ROWVILLESC.VIC.EDU.AU





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IMPORTANT

Enrolment Information

How to enrol your child at
Rowville Secondary College

Our programs are campus specific programs

GENERAL EXCELLENCE

WESTERN CAMPUS

Complete DET Transition Form provided by your primary school.

MATHS & SCIENCE ACADEMY

WESTERN CAMPUS

Complete DET Transition Form provided by your primary school & Expression of Interest Form on our website to be considered for our specialist program.

INSTITUTE OF THE ARTS

EASTERN CAMPUS

Complete DET Transition Form provided by your primary school & Expression of Interest Form on our website to be considered for our specialist program.

SPORTS ACADEMY

EASTERN CAMPUS

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